



Mountain Biking on the Coconino National Forest



When mountain biking on the Coconino National Forest, please recreate responsibly. By practicing the following guidelines and tips you will help create a fun and safe recreational experience, for you and other forest users.

- **Always** tell someone where you are going and when you expect to return.
- **Trail etiquette:** Mountain bikers yield to both hikers and equestrians.
- Make your presence known when approaching others and going around blind corners.
- Stay on designated roads and trails, – if it’s not signed don’t ride it!
- Avoid trails that are wet and muddy.
- Ride only where permitted.
- Mountain bikes are **PROHIBITED** in wilderness areas!! If in doubt-stay out!!
- Prepare for the unexpected by packing a small backpack full of emergency items including (but not limited to!): food, water, first aid needs, extra tubes, patches and tool kit.
- Wear a helmet, eye protection, and other safety gear.
- Know your riding ability and personal limits.

Recommended biking trails:

<u>Easy</u>	<u>Distance (One way)</u>
Bell Rock Pathway	3.5 miles
Big Park Loop	1.0 mile
<u>Moderate</u>	
Templeton	2.5 miles
Baldwin	1.5 miles
Girdner	4.0 miles
Munds Wagon	4.0 miles
Little Horse (M-Strenuous)	1.6 miles
Jim Thompson	
<u>Strenuous</u>	
Broken Arrow	2.0 miles
Turkey Creek	3.4 miles
Jordan	1.5 miles